



The Swan Youth Project is based in a lovely old school building in Downham Market, Norfolk. We support young people between 8 – 18 years of age with a variety of activities, groups and courses. Our Open Access sessions are at the core of what we do, with everything else holistically growing from these. We listen to our young people and move forward with their input and fabulous ideas. They are a chance for young people to come together and spend time with friends in a positive environment. We have activities going on for those who want to be involved in these, but essentially we are there to enable conversations, support and friendships. Staff are on hand to offer support with wellbeing and facilitate the sessions

Our usual groups are

Tuesday: 4.30pm – 6.30pm Age 8+

Thursday: 4pm – 6pm Primary from age 8+

Friday: 4.30pm – 6.30pm High school age only

We can also offer the following:-Open Access Youth Groups-1:1 Support for emerging mental health / well-being concerns-Family Support-Parent Drop-in, advice and support-Young Carers Key Worker-Hygiene Bank-Re-New Shop-No Child Goes Hungry Scheme-In-school workshops-Activity sessions-Small Groups / 6 week course (social & emotional support)-Delivery of Princes Trust Achieve Programme-Peer Mentor Scheme

www.swanyouthproject.org

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