

PARENTAL POINT - Please be aware that there is wide variation of ability in class so the links are to support all children. Parents are asked to use discretion as to what suits their child best. Please also note when using twinkl worksheets SOME are differentiated by ability. They use a star system to indicate this on the bottom of each sheet, 1 is the easiest option 3 is the hardest option. Supervision may be required as answer sheets maybe included.

## Literacy

Remember to read while you are at home, it is really important. Read to your family and get them to read to you as well. Maybe read to your distant family over Skype, they would love it I am sure.

### SPaG - Prepositions

Have a look at this clip, it explains what a suffix is and some quizzes that you could also have a go at.  
<https://www.bbc.co.uk/bitesize/topics/zwwp8mn/articles/zw38srd>

Print out the page below and have a go at completing the page, see if you can do it on your own.  
<https://www.twinkl.com/resource/t2-e-1937-canine-prepositions-differentiated-activity-sheets>

### Comprehension - Volcanoes

Have a go at the comprehension below which links into your volcano work last term.  
<https://www.twinkl.com/resource/t-g-059-world-volcanoes-comprehension-worksheets>

#### Other things you might want to try...

Can you write a poem about a volcano?

Remember the things to help it come alive.  
Descriptive phrases and great word choices.  
Remember to think about all the senses,  
what do you think a volcano smells like?



## Maths

### Measuring Perimeter

Have a look at this clip, it explains what a perimeter is.  
<https://www.bbc.co.uk/bitesize/topics/zvmxsbk/articles/zsr4k7h>

Have a look at this powerpoint - it reminds you how to measure perimeter and gives you questions.

<https://www.twinkl.com/resource/t2-m-4163-calculate-perimeter-interactive-powerpoint->

### Activities

<https://www.twinkl.com/resource/t2-m-2222-y3-perimeter-word-problems-activity-sheet>

<https://www.twinkl.com/resource/t2-m-2224-y4-perimeter-word-problems-activity-sheet>

<https://www.twinkl.com/resource/cfe-n-156-perimeter-differentiated-activity-sheets>

<https://www.twinkl.com/resource/t2-m-17126-year-3-measure-perimeter-maths-mastery-powerpoint>

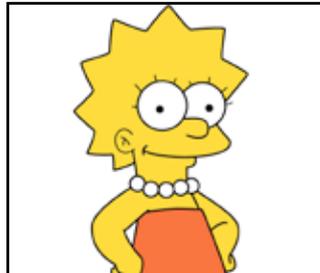
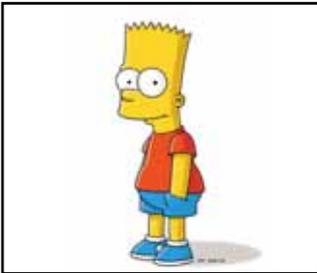
<https://www.twinkl.com/resource/t2-m-17082-year-4-perimeter-maths-mastery-powerpoint>

# Spellings

This weeks spellings are below. Do not worry about what colour you are just choose one column and learn them as normal, practice them be saying and spelling them out as well as writing them.

Choose a column which challenges you, don't go for the easiest option.

Test yourself or get someone to test you on Friday.



## Week 2

Date: \_\_\_\_\_

Name: \_\_\_\_\_

- 1 ear
- 2 hear
- 3 rear
- 4 fear
- 5 clear
- 6 spear
- 7 shear
- 8 dear
- 9 year
- 10 your
- 11 our
- 12 out

## Week 2

Date: \_\_\_\_\_

Name: \_\_\_\_\_

- 1 mistake
- 2 misplace
- 3 misread
- 4 miscount
- 5 non-stop
- 6 non-drip
- 7 non-stick
- 8 non-starter
- 9 nonsense
- 10 fine
- 11 finer
- 12 finest
- 13 Thursday
- 14 Saturday

## Week 2

Date: \_\_\_\_\_

Name: \_\_\_\_\_

- 1 wasp
- 2 water
- 3 swan
- 4 towards
- 5 woman
- 6 wonder
- 7 swollen
- 8 session
- 9 lesson
- 10 success
- 11 between
- 12 across
- 13 half
- 14 because

## Week 2

Date: \_\_\_\_\_

Name: \_\_\_\_\_

- 1 laziness
- 2 lazier
- 3 laziest
- 4 lazily
- 5 steady
- 6 steadiness
- 7 steadiest
- 8 steadily
- 9 heavy
- 10 heaviness
- 11 heavier
- 12 heaviest
- 13 heavily
- 14 before
- 15 birthday
- 16 brought
- 17 change
- 18 clothes

Cut out the picture which links to the spellings you did and put it on the poster from last week.

Write your score next to it so that you have got a record and I can see what you have done.

# First 100 High Frequency Words Handwriting

the

that

not

look

put

and

with

then

don't

could

## Science

This term in Science we are looking at Plants.

<https://www.bbc.co.uk/bitesize/clips/zhp6n39>

### Parts of a Plant

Use this link to find out about parts of a plant.

<https://www.twinkl.com/resource/t2-s-872-year-3-interactive-science-pdf-plants>

Use the link below to label the parts you have looked at.

<https://www.twinkl.com/resource/t-t-2545017-parts-of-a-plant-activity-sheet>

## History

### The Indus Valley

This term in History we are looking at the achievements of Early Civilisations. The first Early Civilisation we are going to look at is the Indus Valley Civilisation. Below is a short animation to introduce the topic.

<https://www.bbc.co.uk/bitesize/topics/zxn3r82/articles/z9mpsbk>

Below is a link to a Powerpoint all about it.

<https://www.twinkl.com/resource/t2-h-4422-introduction-to-the-indus-valley-civilisation-powerpoint>

Using the clip and the powerpoint create an information sheet all about the Indus Valley. It does not have to be all writing, but some information should be included.

#### Tips

Think of it as a poster, it needs to look exciting to get people to read it.

Use colour, use interesting lettering, use questions in the titles.

Are you going to have information in boxes?

Are you going to have a character speaking in speech bubbles, like the character in the clip?

Have fun and make it look amazing!



# Try some mindfulness yoga!

Be careful, I kept falling over trying the tree pose, maybe I ate too much chocolate at Easter!

Yoga Cards

## Warrior II Pose - Virabhadrasana II

**Benefits** Strengthens and stretches legs and core; stretches chest and shoulders; relieves backaches.

- 1 Stand with your feet wide apart. Turn your left foot in and your right foot out 90°.
- 2 Inhale, and lift your arms parallel to floor.
- 3 Exhale and bend your right knee. Be careful not to extend your knee past the 90° point with your ankle.
- 4 Keep your torso tall, turn your head, and look out over your fingertips.
- 5 Inhale, straighten your legs and lower your arms. Repeat on opposite side.



Yoga Cards

## Chair Pose - Utkatasana

**Benefits** Strengthens legs, stretches shoulders and chest.

- 1 Start in mountain pose.
- 2 Exhale, and bend your knees as if you were sitting in a chair.
- 3 Reach your arms towards the ceiling, with your palms facing each other.
- 4 Hold this pose and breathe.



Yoga Cards

## Mountain Pose - Tadasana

**Benefits** Improves posture, strengthens core, muscles and legs.

- 1 Stand tall with your weight balanced evenly on your feet.
- 2 Firm your thigh muscles and pull in your tummy.
- 3 Press your shoulders back and hold your arms out straight, a little way from your body.
- 4 Breathe deeply and hold as long as needed (at least two long breaths).



Yoga Cards

## Tree Pose - Vrikshasana

**Benefits** Improves balance; strengthens thighs, calves, and ankles; stretches legs and chest; develops concentration.

- 1 Begin in mountain pose.
- 2 Lift your right foot, turning your knee out; place your foot below your left knee.
- 3 Press your hands together.
- 4 Raise arms overhead, and look up to your hands if possible.
- 5 Return hands to your chest, and lower your right leg.
- 6 Repeat with left leg.

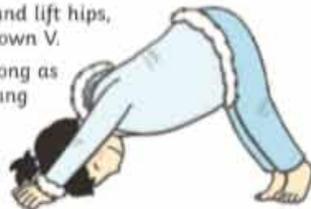


Yoga Cards

## Downward-Facing Dog - Adho Mukha Svanasana

**Benefits** Calms the mind; relieves stress; energizes the body; strengthens arms and legs; stretches upper and lower body; relieves headaches; back pain and fatigue.

- 1 Begin on hands and knees with toes tucked under.
- 2 Exhale, straighten knees and lift hips, so you are in an upside-down V.
- 3 Hold this position for as long as you like. Let your head hang down and breathe.
- 4 To release, exhale and bring knees to the floor.



Yoga Cards

## Preparation and Safety

<b>Age</b>	5-7
<b>National Curriculum</b>	Develop balance, agility and co-ordination.
<b>Time</b>	Can be adapted to any setting or time frame.
<b>Preparation</b>	Session to happen on a carpeted floor or mats with enough space to stretch out arms and legs. If possible, have a bag with animals, pictures and stories inside to promote discussion.
<b>Safety</b>	Session to happen on a carpeted floor or mats with enough space to stretch out arms and legs.



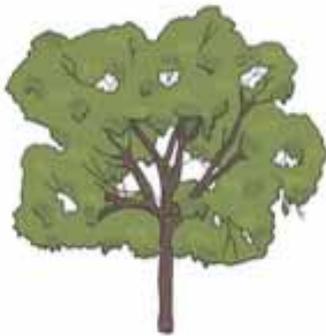
**I am strong.**



**I am brave.**



**I am wise.**



**I am kind.**



**I am friendly.**

