



School Food Policy

Formally adopted by the Governing Board of:-	Denver V. C. Primary School
On:-	25th June 2020
Chair of Governors:-	Amanda Dawson
Last updated:-	May 2014

Aims

At Denver V. C. Primary we recognise the important part that a healthy diet plays in a child's wellbeing and their ability to learn and achieve effectively. We believe that the school, in partnership with parents and carers can make a major contribution to improving children's health by increasing their knowledge and understanding of food and helping them to make healthy food choices.

This policy aims to:

- Improve the health of children and their families by helping to influence their eating habits through increasing their knowledge and awareness of food issues, including what constitutes a healthy and environmentally sustainable diet, and hygienic food preparation and storage methods
- Ensure that pupils are well nourished at school and that every pupil has access to safe, tasty and nutritious food and a safe, easily accessible available water supply during the school day
- Ensure that food provision in the school reflects the requirements of the pupils, e.g. religious, ethnic, vegetarian, medical and allergenic needs
- Make the provision and consumption of food an enjoyable and safe experience.

National Guidance

This guidance has been written to reflect the School Food Standards that were revised in March 2019.

The policy applies to all staff, pupils, parents, governors and partner agencies working within school.

Break Time Snacks

All Early Years Foundation Stage and Key Stage 1 children are provided daily fruit or vegetables as part of the Government scheme. Any snacks that are brought from home will be restricted to fruit or vegetables unless recommended by a doctor on medical grounds (e.g. dietary need, diabetes etc.)

Drinks

Pupils are able to purchase a drink of either milk, milkshake or orange juice at break time. Drinks cost 20p per day.

Water

Water will be available for all pupils throughout the day and pupils will be encouraged to drink water at frequent intervals. All packed lunch pupils have access to water at lunch time meaning there is no need for an additional drink to be brought as part of a packed lunch. Pupils are encouraged to bring a water bottle every day that they can refill as necessary. Bottles go home at the end of every day to be washed and returned.

No drinks other than water will be brought into school by pupils unless recommended by a doctor for medical needs.

School lunches including packed lunches

School meals are provided by the catering provider Norse. All meals provided are nutritionally balanced to ensure children are fuelled for learning. 75% of the food offered is prepared from scratch. All the meat is Red Tractor assured. The fruit and vegetables served are seasonal and locally grown, wherever possible.

We will provide Universal Free School Meals for children in Early Years Foundation Stage and Key Stage 1 and encourage parents to take up this offer. In order to maintain a balanced diet across the week, we ask that parents commit to the UFSM across the week. We are committed to providing food which is compliant with all national guidelines.

Staff will work with children to provide a clean, safe, attractive and appropriate dining area. We believe that lunchtimes should foster the caring, friendly ethos that governs everything that we do. Children are encouraged to be independent during the meal and clearing up after themselves at the end by tidying their trays and cutlery away.

Some families prefer to provide a packed lunch and we are aiming for our packed lunches to be as healthy as they can be. Parents are reminded to adhere to our 'healthy' school policy by refraining from including fizzy drinks and chocolate bars.

Packed lunches provided for school trips as part of our Free School Meal provision comply with National Food Standards.

Any meals taken as part of off school site residentials will provide a balanced and healthy approach to meals and where possible we will look to use off site providers that comply with the National Food Standards.

Curriculum

Food, its production and preparation is an important part of the curriculum for all pupils and is taught across the curriculum through Science, RSHE, PE and Design and Technology.

Cookery

All children in school take part in cookery lessons each term.

Events and Celebrations

We want to give children the opportunity to celebrate their birthdays but to promote healthy eating choices we would ask that parents and carers only send in small individual cakes. We request that sweets and chocolates are not sent in to school. In school, we celebrate children's birthdays during our acts of collective worship.

Monitoring

We consult annually with caterers and involve pupils, through the School Council, in reviewing school meals.