



Denver VC Primary School

PE Policy

Introduction

As a church school, our values are based on Christian principles, and we have an ethos of hard work and mutual respect.

Our shared Christian vision seeks to recognise whatever is good in each individual through the way we Discover, Value, Celebrate and Praise each other.



Let your light shine (Matthew 5:16)

Our vision is lived out through our exploration of our Christian values: thankfulness, peace, wisdom, hope, tolerance, perseverance, friendship, generosity, justice, compassion, forgiveness and love.

We aim to develop the whole school community, promoting the academic, social, emotional, physical, spiritual, and aesthetic aspects of the individual.

This is the starting point of all our policy writing so that we can encourage all members of our community to 'Let their light shine' surrounded by a safe, enabling and encouraging environment.

Formally adopted by the Governing Board of:-	Denver VC Primary School
On:-	12th October 2026
Chair of Governors:-	Carole Reich
Last updated:-	20th September 2023

PE Policy 2026

Aims of our PE curriculum

At Denver V C Primary School, we recognise the importance PE plays in the curriculum and are committed to providing an inclusive, broad and balanced PE curriculum that inspires all children to succeed with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic fundamental movement skills, physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle.

PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning.

Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

Teaching and learning

Our PE lessons are planned using the Get Set 4 PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. Get Set 4 PE is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school.

The curriculum planning in PE is carried out in three phases (long-term, medium-term and short term). The long-term plan maps out the PE activities covered in each term during the key stage. The PE subject leader works this out in conjunction with teaching colleagues and pupils in each phase. Together we create a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

Children from years 1- 6 have at least 2 hours of high-quality PE per week divided into indoor and outdoor sessions as appropriate to the sports, skills, weather and age of the children. PE is led by qualified teachers and our specialist sports coach, with teaching assistants to support the inclusion of all children.

Our PE curriculum is enriched through our partnerships with other providers. We are actively involved with the West Norfolk School Sports Partnership (WNSSP), our School Games Organiser (SGO) and Alive Leisure to ensure that opportunities are given for the children to attend compete and development festivals in our cluster and area. Through working with the WNSSP, children are given opportunities to be increasingly active and inspired to try other sports through our engagement in programmes such as Active Kids, Omnes Games, Healthy Body, Healthy Minds and Young Leaders

training. The SGO works closely with our school to ensure that we meet at least School Games Mark Gold Criteria.

In addition to regular two hours a week of high-quality PE, we hold intra-festivals throughout the year. We also have an annual Sports Day and School Games Festival. We take part in the Daily Mile to give children increased opportunities to be active.

Our extra-curricular offer includes after school clubs in multi-skills, outdoor learning, football, darts and cricket.

Children in Year 3 are given the opportunity to learn Level 1 cycling proficiency through Bikeability with Outspoken Training. Children in Year 5 follow this up with Level 2 training.

We make effective use of connections with the wider community. We engage with Denver Cricket Club and West Norfolk Rugby Club to enrich our provision. Children with talents are signposted to clubs and societies that can develop their skills further.

Children with SEND or emotional needs are supported by initiatives such as yoga and mindfulness run by the Schools and Communities Team. There is also a wellbeing gardening group.

Swimming Provision

Pupils in Year 5 and Year 6 participate in swimming lessons. These take place in the Spring Term at Downham Market Leisure Centre and are run by qualified swimming instructors from the leisure centre.

Our swimming goals are to meet the National Curriculum objectives of swimming competently over a distance of at least 25 metres, using a range of strokes effectively, and performing safe-rescue in different water-based situations.

Outdoor Adventures Activities (OAA) and Residential Trips

Pupils in Year 5 and Year 6 attend an outdoor residential trip to Eaton Vale Activity Centre in Norwich.

This experience builds directly upon the Get Set For PE OAA units, challenging pupils to develop teamwork, leadership, problem-solving and resilience in unfamiliar outdoor environments.

Staff and leadership responsibilities

Classroom teachers and our qualified sports coach are responsible for delivering safe, progressive PE lessons using Get Set For PE schemes and attending relevant continuous professional development. (CPD) They are responsible for providing assessment data at the end of each unit on the Get Set for PE platform.

PE subject leader is responsible for the planning and coordination of the teaching of PE. This includes liaising with the School Games Organiser, monitoring teaching standards, carrying out staff and pupil voice audits, updating the policy, reviewing assessments, reviewing long term plans and managing resources.

EYFS

We encourage the physical development of our children in Year R in children are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age.

We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Assessment

Our teachers assess the children's work in PE, both by making informal judgements, as they observe them during lessons, and through assessing against the specific objectives set out in the National Curriculum and recorded using the Get Set 4 PE assessment software. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education. These resources include the Get Set 4 PE progression of skills document, progression ladders and knowledge organisers.

Health and Safety

We recognise that participation in PE and Physical Activities contain an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control. (For further guidance on safety in PE, please refer to the AfPE "Safe Practice in Physical Education, School Sport and Physical Activity" online resource.)

Staff are aware of pupils who have special educational needs and medical requirements with regards to physical activity and make provision for needs where appropriate e.g. physical disability, asthma.

Staff know about the safe practices involved in moving and using apparatus. Equipment and apparatus are stored safely at the end of each lesson.

Pupils wear appropriate clothing and footwear as specified in our school uniform policy and wear T-shirts of their house team colour, remove jewellery, including earrings, and tie back long hair.

Pupils are asked to remove shoes when participating in indoor activities such as gymnastics, dance and yoga.

For swimming lessons, trunks must be above the knees. Appropriate swimming costumes should be worn. Bikinis are not permitted.

Correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/ space that PE and school sport takes place in. Pupils are taught to consider their own safety and that of others at all times.

Teaching staff should be appropriately dressed to teach PE.

We undertake Risk Assessments of the school premises and areas where PE is taught and equipment including PE equipment (PE Lead) as necessary.

Comprehensive risk assessments are in place for all off-site school sporting trips, including for the swimming lessons and the residential visit and are updated each year.