

PE Annual Report 2015/16

Throughout the academic year 2015/16 we have continued to strive towards ensuring that all children in our school receive high quality PE.

We have continued to have Playground Buddies throughout the year. The children had to apply to be considered, writing a letter of application to the Headteacher. They have worked on a rota system throughout the year to help on both playgrounds at lunch and playtime. They have helped to organise games during these sessions.

To encourage more children to take part in sport at break times, this year we introduced playground challenges. The children in Class 4 helped to run these challenges at both break and lunch periods. The children earned points for their teams and these were displayed on a board in the corridor. These scores contributed to the end of year team cup. This is something we would like to develop further next year.

This year we introduced sport's representatives onto the school council. Erin and Ryan, both from Class 4, took up this role.

We have encouraged children to complete match reports after they have competed in cluster events. These can be found in the PE folder.

The children have participated in many sporting events throughout the year, including:

- SSP Dodgeball
- Cluster Netball (cancelled due to poor weather)
- Cluster Football
- Cluster Cross Country
- Area Cross Country
- SSP Cross Country
- Cluster Tri Golf
- Cluster Football League
- Cluster Netball League
- Cluster Mini Tennis
- Cluster Area Sports
- KS1 Multi-skills
- Cluster Kwik Cricket
- SSP Kwik Cricket
- County Kwik Cricket
- Cluster Swimming Gala

This year we aimed to introduce a new sport, therefore a group of children attended a SSP Dodgeball tournament at Lynnsport.

Mr Straffon-Lawrence, a former parent, voluntarily ran a club to prepare the children for the Kwik cricket tournament. 10 children in Y5/6 attended the club over a number of weeks. The children played exceptionally well and won the cluster event, enabling their qualification to the SSP event. Here they performed extremely well again coming 3rd, resulting in them being invited to the county finals. Here they came 8th out of 16 teams - a fantastic achievement.

We participated in both the cluster netball and football leagues this year. The footballers played extremely well and were crowned league winners - a fantastic success!

The cross country team performed extremely well at the cluster event and two children then progressed onto the area finals. One child even progressed further to the county SSP finals.

We entered the Y3/4 tri golf cluster event. They performed really well and demonstrated excellent teamwork.

A group of 4 children from Y3/4 attended the cluster tennis tournament.

A number of children from KS2 represented the school in the cluster area sports competition. They all worked extremely hard and many children won events, or came 2nd or 3rd. They were crowned overall winners of the small schools' competition for the second year, something we were very proud of.

Throughout the spring term the children in Class 4 attended swimming lessons at Downham Market Leisure Centre. Most children in Y6 managed to swim the expected 25 metres without stopping. Mrs Jo Armitage, a former parent, voluntarily attended the swimming sessions, getting into the pool with the non-swimmers to assist them. We also attended the cluster swimming gala.

We wanted to develop the intra-school competitions this year, which are sporting events where children can compete against each other within school. We organised a cross country event in the autumn term, a swimming and KS1 multi-skills event in the spring term and a KS2 rounders event in the summer term. All events proved to be successful and will be continued next year.

We wanted to provide the children in KS1 more opportunities to participate in cluster sporting events, therefore we attended two cluster KS1 multi-skills festivals, one in the autumn term and one in the summer term. We hosted the summer term event and the children in Y5 planned and organised the activities, developing their young leader skills.

After school sporting clubs have continued throughout the year. These have included football, hockey, gymnastics, netball tennis, rounders, kwik cricket and athletics. A gardening club has continued to encourage the children to grow and eat healthy foods. A cookery club has also run and promotes healthy eating.

Being a small school it is often hard to run a range of sporting clubs, therefore we have continued to employ Andrea Glover from Finish Line Sports to deliver football, hockey, gymnastics, netball tennis, rounders and athletics clubs. We have also arranged for her to continue in the autumn term.

We held another successful sports day in June and the red team were the winners this year. We continued to have a KS1 carousel as we felt that this worked well previously and enabled all children to take part and gain a sense of achievement. The KS1 events were also organised and run by the children in Y6. The children in KS2 took part in more traditional races.

In the spring term a representative from Norwich City Community Sports Foundation came in to deliver some multi skills sessions in Class 3 over a period of six weeks. The sessions were split into two sections - a theory session where the children discussed healthy eating, followed by a practical session. These sessions were well received by the children and supported work in both the PE and science curriculum.

Cross curricular links are always sought to ensure that PE is integrated into the rest of the curriculum.

We have continued to have a High Quality PE board which displays photos of the children's achievements in PE and sport. This year we have encouraged the children to bring in evidence of their sporting achievements outside of school, as we believe that these should be celebrated too. The board is regularly updated and the children gain a great sense of pride in having their achievements acknowledged in this way.

Sporting events are shared on our school website and in newsletters. They are also put into our Events Folder. This enables parents to keep up to date with sporting successes in the school.

The PE subject leader has attended all the PLT meetings throughout the year and strives to ensure that High Quality PE is being provided across the school.

New playground equipment has been also purchased for the field at lunch and play times from the children's School Council funds.

Many parents have continued to volunteer their services to help us to deliver PE throughout the school. Gavin Straffon-Lawrence, a former parent, ran the Kwik Cricket Club once again to prepare the children for the Cluster Kwik Cricket Tournament. Jo Hurst, another former parent, ran cross country club to prepare the children for the Cluster Cross county Tournament. A parent helper, Jo Armitage, also volunteered to help with our swimming sessions, getting in the pool to support non-swimmer.

All staff have fully engaged with the cluster PE inset programme we bought into. Most inset opportunities were attended by at least one member of staff. Feedback from these sessions has been cascaded at staff meetings.

We held our second School Games Festival in the summer term. The aim of the event was to celebrate sport, culture, participation and achievement in one event. The event was organised and run by the Y5 children. We had an opening ceremony and the children all performed a Samba dance. Each child across the school had made a Brazilian flag to celebrate the Olympic Games in Rio this year. The children went around a range of different activities and competed against those in their year groups. They achieved points for the team colour. The winning team again was the red team. The event was a great success and one we plan to continue and build upon next year.

We applied for the Sainsbury's School Games Silver award and were successful in achieving this. This was an excellent way to end the year!

Overall this year we have continued to improve our provision for PE throughout the school and the children have achieved many sporting successes. We believe that we are continuing to deliver High Quality PE to our children.