

## Young Carers Diwali Session 23/10/25

It was so lovely to have the first session with the Young Carers Thursday.

I thought it would be a nice idea to bring lots of colour into this session as the weather has been very gloomy lately and as it was this week I thought it would be nice to take part in some Diwali activities which is celebrated by both Hindus and Sikhs.

Hindus celebrate it as the festival of lights to honour the return of the Goddess Lakshmi Lord Rama, while Sikhs celebrate it as Bandi Chhor Diva, the day Guru Hargobind was freed from imprisonment.

The children were in great spirits and engaged in all the activities together. There was a choice of activities to choose from like colouring, Diya lamps, Rangoli patterns and books for them to read.

Most were drawn to creating a Diya lamp from card or creating their own Rangoli patterns.

It was lovely to see siblings working together and the older children helping the younger ones.

It just showed how amazing every one of our young carers are and gives an insight into the qualities they have in order to do the role they do so well.

The new young carers notice board is also up in the main corridor just before Mrs Jones' office. On here the children will find information about where to get help and when the next session will be.

