



# Denver VC Primary School

## PE Policy

### Introduction

As a church school, our values are based on Christian principles, and we have an ethos of hard work and mutual respect. **Our shared Christian vision is:**

**To seek to discover and celebrate whatever is good in each individual.**

**Discover – Value - Celebrate - Praise**



*Matthew 5:16*

**We aim to** develop the whole school community, promoting the academic, social, emotional, physical, spiritual, and aesthetic aspects of the individual.

This is the starting point of all our policy writing so that we can encourage all members of our community to 'Let their light shine' surrounded by a safe, enabling and encouraging environment.

<b>Formally adopted by the Governing Board of:</b>	<b>Denver VC Primary School</b>
<b>On:</b>	<b>20<sup>th</sup> September 2023</b>
<b>Chair of Governors:</b>	<b>Carole Reich</b>
<b>Last updated:</b>	

## **PE Policy September 2023**

### **Aims of our PE curriculum:**

At Denver V C Primary School we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle.

PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning.

Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

### **Teaching and learning**

Our PE lessons are planned using the Get Set 4 PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. Get Set 4 PE is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school.

The curriculum planning in PE is carried out in three phases (long-term, medium-term and short-term). The long-term plan maps out the PE activities covered in each term during the key stage. The PE subject leader works this out in conjunction with teaching colleagues and pupils in each year group. Together we create a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

Our curriculum is enriched by being part of the West Norfolk School Sports Partnership and the Downham Market cluster of schools allowing the children to take part in both competitive and development activities. We also have strong community links with clubs including Denver Cricket Club. We work closely with the local leisure centre to provide swimming in Year 5 and 6. Children also receive Bikeability cycling proficiency education in Key Stage 2. Alive Active Norfolk support us in delivering a wide range of after school clubs. Through Premier Education, we offer the Golden Mile to encourage children to attain their recommended 60 minutes of daily activity. We also take part in cycle to school weeks and provide playground activities by the

older children who are trained as young leaders to support the younger children. A sponsored walk is also held each year.

Provision of PE is enhanced through adhering to the School Games Mark criteria. Children are regularly offered intra-sports events and festivals. We have an annual Sports Day and hold an annual School Games Festival.

PE is always taught by a trained teacher (usually the class teacher) with some taster sessions occasionally delivered by representatives from Alive Leisure. Teachers have regular opportunities for CPD. The subject leader liaises with the local School Games Organiser and Norfolk PE.

In EYFS the class is specifically allocated an hour per week exclusively for PE with continuous provision allowing for physical activities at other times. All other classes are allocated 2 hours per week.

### **EYFS**

We encourage the physical development of our children in the nursery and reception class as an integral part of their work. As these classes are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

### **Assessment**

Our teachers assess the children's work in PE, both by making informal judgements, as they observe them during lessons, and through assessing against the specific objectives set out in the National Curriculum and recorded using the Get Set 4 PE assessment software. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education. These resources include the Get Set 4 PE progression of skills document, progression ladders and knowledge organisers.

### **Monitoring and Reviewing**

The planning and coordination of the teaching of PE is the responsibility of the subject leader who:

- Supports colleagues in their teaching, providing a strategic lead and direction;
- Evaluates the strengths and areas for development in the subject through staff and pupil voice questionnaires;
- Reviews evidence of the children's work and observes PE lessons.

The quality of teaching and learning in PE is monitored and evaluated by the subject leader and is overseen by the curriculum leader.

### **Health and Safety**

We recognise that participation in PE and Physical Activities contains an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate e.g. physical disability, asthma.

Staff know about the safe practices involved in moving and using apparatus. Pupils wear appropriate clothing, remove jewellery and tie back long hair. Earrings must be removed for all PE activities. We do not tape over earrings that cannot be removed.

Our School uniform policy outlines a suitable PE kit for all children.