

Monday 18th May 2020

Dear Class 4 and families,

How are you all? I hope you are all happy, safe and well. After the Prime Minister's address last Sunday we have been preparing to welcome some of you back to school, possibly as soon as 1st June for Year 6, Year 1 and Year R children. I'm looking forward to seeing you again and learning with you. Please rest assured that I will continue to update the website for those of you who are not yet able to come back to school so that you can maintain your home learning.

As promised, here is your weekly update of the Oak National Academy (www.thenationalacademy) resources for **Week 5** of this term. If you have missed the lessons from the previous four weeks, they are still available. If you click on 'schedule' it will say 'This is week 5' but if you scroll down, you will find the resources for weeks 4, 3, 2 and 1. Did any of you attempt the history essay last week? If so, I'd love to see it. It's an impressive skill to have and will prepare you well for secondary school where essays are regularly written in many subjects and are sometimes set for homework.

Foundation Subjects

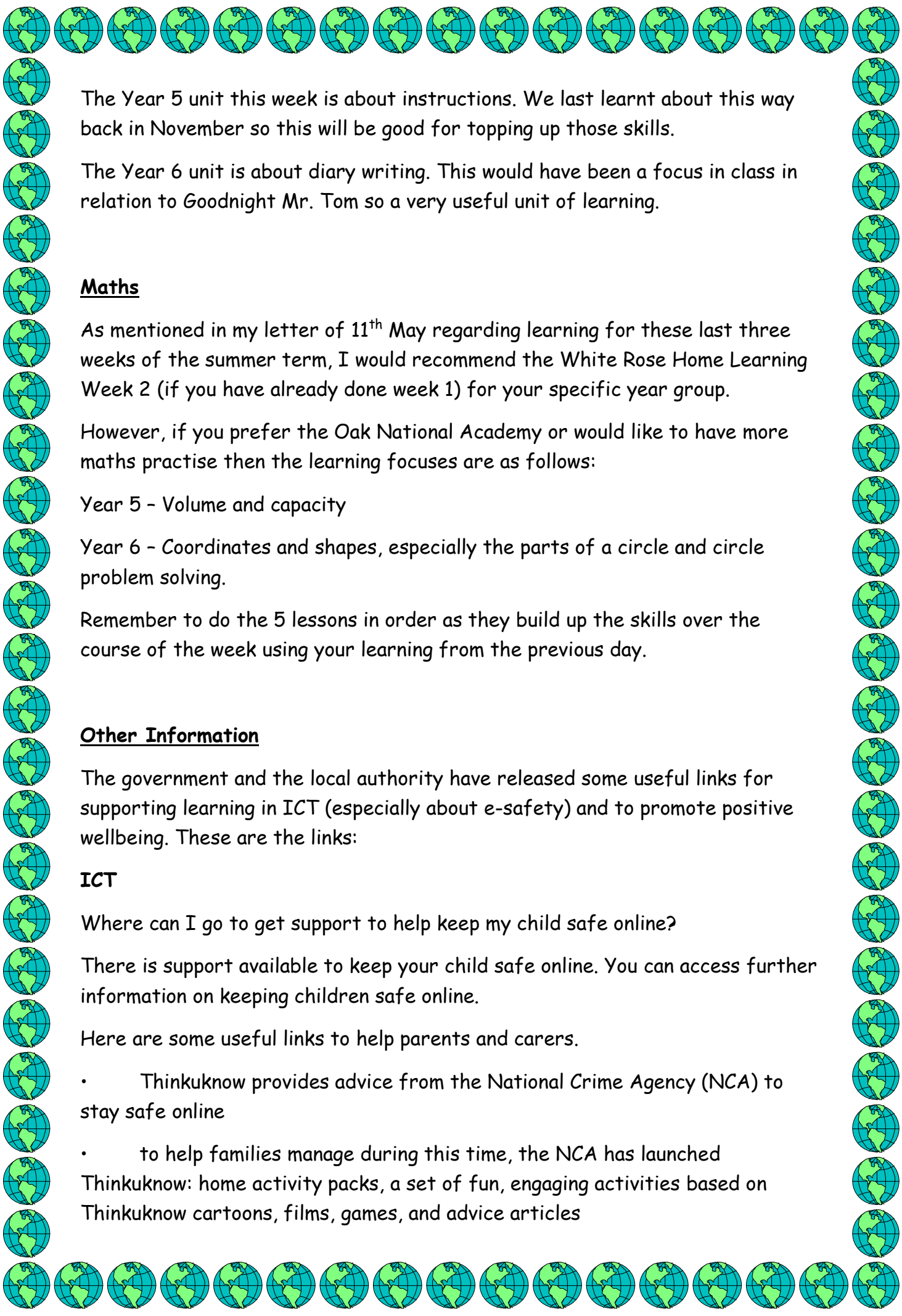
The **Foundation** lessons under the Year 6 tab (and I continue to encourage Year 5 to also follow these lessons) for lessons on Monday and Thursday continue the learning about the World Wars. **This week moves the learning from the events that led up to the Second World War to exploring what actually happened during the Second World War.** I'm sure you'll find it very interesting.

I also recommend that both year groups continue with the Wednesday Year 6 Foundation lesson (science). The focus builds from last week and covers **describing the impact homosapiens have had on other organisms over time.**

The Tuesday lessons for both year groups continue to be Spanish. If interested, the lesson teaches you how to say how you are feeling. The Friday lesson is still music. This week the lesson teaches you how to sing a harmony line above a melody. Singing is great for improving your mood and feeling good.

English

As with previous weeks, each week focuses on a specific genre over 5 lessons (1 a day) and need to be completed in order. The units of work continue to integrate spellings, words of the day, comprehension and SPaG into the learning.



The Year 5 unit this week is about instructions. We last learnt about this way back in November so this will be good for topping up those skills.

The Year 6 unit is about diary writing. This would have been a focus in class in relation to *Goodnight Mr. Tom* so a very useful unit of learning.

Maths

As mentioned in my letter of 11th May regarding learning for these last three weeks of the summer term, I would recommend the White Rose Home Learning Week 2 (if you have already done week 1) for your specific year group.

However, if you prefer the Oak National Academy or would like to have more maths practise then the learning focuses are as follows:

Year 5 - Volume and capacity

Year 6 - Coordinates and shapes, especially the parts of a circle and circle problem solving.

Remember to do the 5 lessons in order as they build up the skills over the course of the week using your learning from the previous day.

Other Information

The government and the local authority have released some useful links for supporting learning in ICT (especially about e-safety) and to promote positive wellbeing. These are the links:

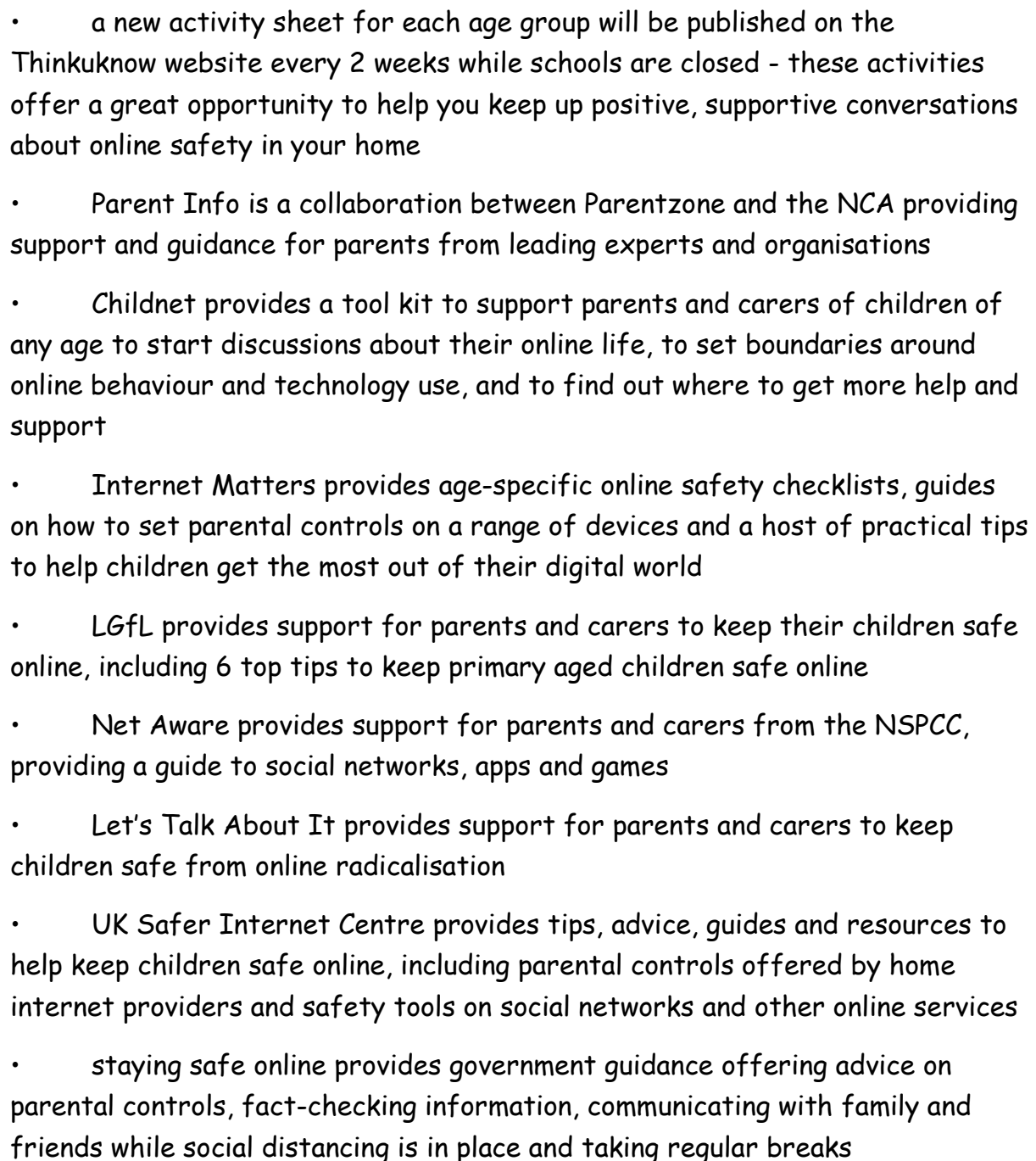
ICT

Where can I go to get support to help keep my child safe online?

There is support available to keep your child safe online. You can access further information on keeping children safe online.

Here are some useful links to help parents and carers.

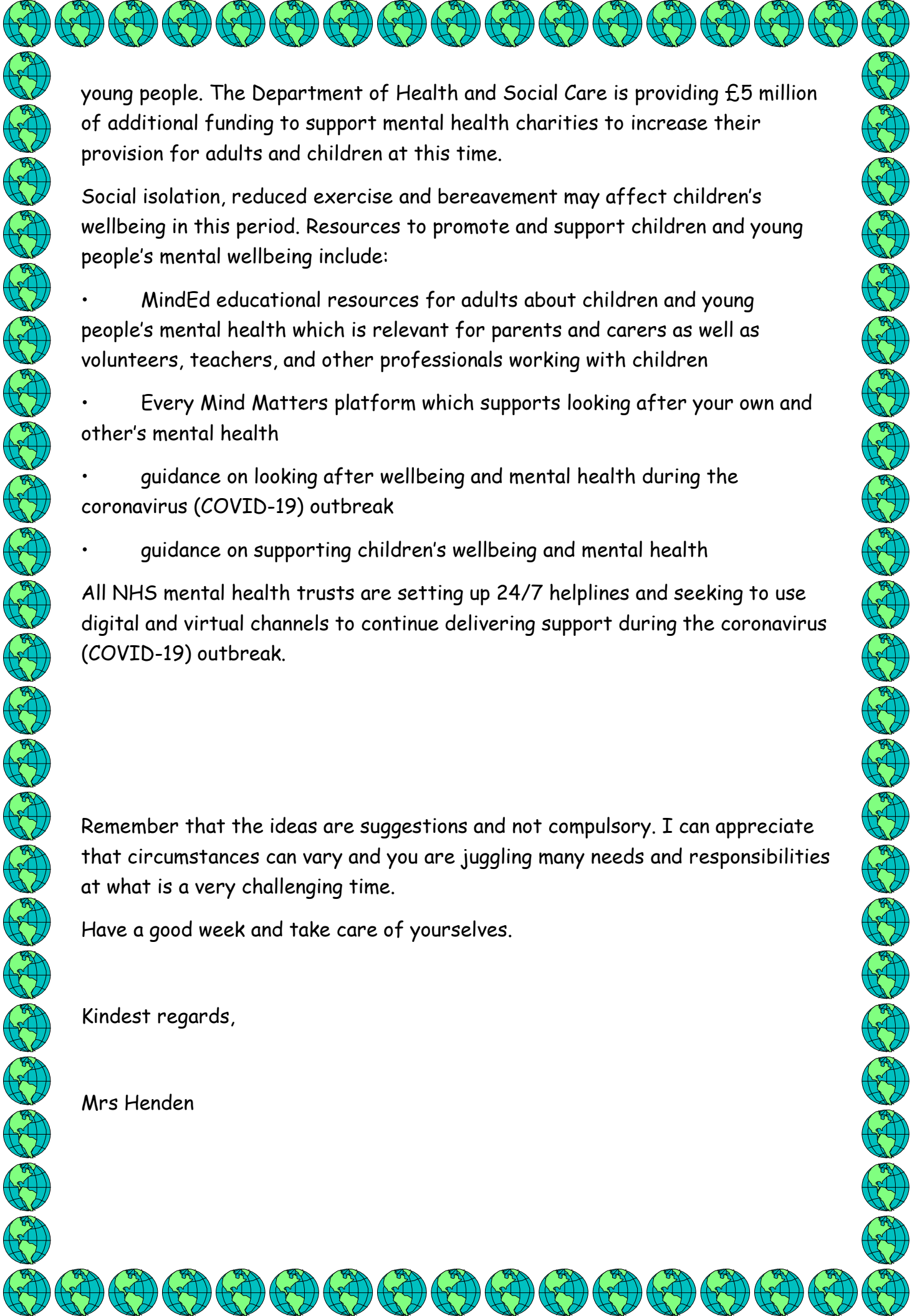
- Thinkuknow provides advice from the National Crime Agency (NCA) to stay safe online
- to help families manage during this time, the NCA has launched Thinkuknow: home activity packs, a set of fun, engaging activities based on Thinkuknow cartoons, films, games, and advice articles

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- a new activity sheet for each age group will be published on the Thinkuknow website every 2 weeks while schools are closed - these activities offer a great opportunity to help you keep up positive, supportive conversations about online safety in your home
 - Parent Info is a collaboration between Parentzone and the NCA providing support and guidance for parents from leading experts and organisations
 - Childnet provides a tool kit to support parents and carers of children of any age to start discussions about their online life, to set boundaries around online behaviour and technology use, and to find out where to get more help and support
 - Internet Matters provides age-specific online safety checklists, guides on how to set parental controls on a range of devices and a host of practical tips to help children get the most out of their digital world
 - LGfL provides support for parents and carers to keep their children safe online, including 6 top tips to keep primary aged children safe online
 - Net Aware provides support for parents and carers from the NSPCC, providing a guide to social networks, apps and games
 - Let's Talk About It provides support for parents and carers to keep children safe from online radicalisation
 - UK Safer Internet Centre provides tips, advice, guides and resources to help keep children safe online, including parental controls offered by home internet providers and safety tools on social networks and other online services
 - staying safe online provides government guidance offering advice on parental controls, fact-checking information, communicating with family and friends while social distancing is in place and taking regular breaks

Mental Health and Wellbeing

What support is available to parents to help them maintain their family's wellbeing while their children are at home?

Social connections, alongside exercise, sleep, diet and routine, are important protective factors for mental health. Materials to promote and support mental wellbeing are included in the list of online resources we have published to help children to learn at home. Public Health England's Rise Above platform supports



young people. The Department of Health and Social Care is providing £5 million of additional funding to support mental health charities to increase their provision for adults and children at this time.

Social isolation, reduced exercise and bereavement may affect children's wellbeing in this period. Resources to promote and support children and young people's mental wellbeing include:

- MindEd educational resources for adults about children and young people's mental health which is relevant for parents and carers as well as volunteers, teachers, and other professionals working with children
- Every Mind Matters platform which supports looking after your own and other's mental health
- guidance on looking after wellbeing and mental health during the coronavirus (COVID-19) outbreak
- guidance on supporting children's wellbeing and mental health

All NHS mental health trusts are setting up 24/7 helplines and seeking to use digital and virtual channels to continue delivering support during the coronavirus (COVID-19) outbreak.

Remember that the ideas are suggestions and not compulsory. I can appreciate that circumstances can vary and you are juggling many needs and responsibilities at what is a very challenging time.

Have a good week and take care of yourselves.

Kindest regards,

Mrs Henden

